



Neurodivergent At University

Atlas Etienne • Capstone Project Pitch, WRITING 220

Overview

In working with the University of Michigan Neurodiversity Project and the Autism Spectrum Club, as well as being neurodivergent at university myself, I've observed that many people do not learn that they are neurodivergent until they're adults.

If we can improve awareness in universities, we can improve quality of life and interaction for neurodivergent people.

The project in its current form

- The prototype for the Neurodivergent At University project was created in December 2025 for WRITING 201 003: The Art of Making Ideas Matter.
- It was pitched in acknowledgment that myself and many other neurodivergent people I know did not learn of their neurodivergence until, at earliest, their undergraduate schooling. Some didn't learn this about themselves until graduate school. Everyone, so far, has wished they'd known sooner so they could start adapting to their bodyminds and accommodating the parts of themselves that wouldn't change.
- It exists as [a website hosted on Notion](#); I did this because it was accessible for me and had the modular ability to make my mental image of the site a reality.

Why it matters

- I've met more neurodivergent people who were diagnosed in university or later than those who were diagnosed earlier in life.
- I've occasionally met people who I recognize as being likely neurodivergent, only for them to tell me that they *suspect* they're neurodivergent but don't *know*.
- In many cases, neurodivergent students struggle more with (especially not strictly academic) aspects of university that other students may take for granted.
- Social struggles and difficulties with executive functioning (including emotional regulation) tend to dominate; knowing that you are neurodivergent and having the ability to find community can save your life.

Plans for expansion/transforming the prototype

Format

- I will be looking into whether I can make the resource into a proper website or, at minimum, get a proper domain name attached for ease of use and access.
- Even if I maintain the site via Notion, I would like to add more imagery and make the site more aesthetically pleasing.

Content (my focus)

- I would like to expand and include more conditions.
- I would like to seek feedback from people who experience these forms of neurodivergence to ensure I'm presenting things correctly.
- I would like to research what resources should be available to neurodivergent uni students, at least in the US.

Resources Available To Me

Format

- I have access to unlimited web hosting, as I manage other shared-hosting websites.
- I have access to domain name discounts.
- I am well-versed in Notion's modular format, which has allowed me to make the site so far.

Content (my focus)

- I have personal involvement with the Autism Spectrum Club on campus and other connections with the ADHD club and the Neurodiversity Alliance chapter on campus.
- I've built skills in reaching out to different groups throughout my many years as a student. I am also very good at finding information.



Thank you for reading!